

ANOTHER

# JOIN THE WALKING MOVEMENT! 1 MILLION STEPS TO BETTER HEALTH

**NORTH MIAMI  
FLORIDA**  
Parks and Recreation  
*It Starts in Parks*



## WALK THIS WAY FAMILY FUN DAY



### CONGRATULATIONS NORTH MIAMI!

**We met our goal of walking 1 MILLION steps.  
Join us starting in May as we kick-off  
another 1 millions steps and  
celebrate Haitian Heritage Month!**



**Saturday, May 17 | 8 - 10 am**

**CLAUDE PEPPER PARK  
1255 NW 135 STREET  
NORTH MIAMI, FL 33167**

**Receive a FREE t-shirt, pedometer,  
and guide book for becoming a part of the  
WALK THIS WAY PROGRAM.**

**Meet up  
WEEKLY FOR SELF-GUIDED  
walking at 3 rotating locations.**

**\*Mondays, 5 - 8 pm  
North Miami Athletic Stadium  
2555 NE 151 Street**

**\* Wednesdays, 5 - 8 pm  
Cagni Park  
13498 NE 8 Avenue**

**\*Fridays, 5 - 8 pm  
Pepper Park  
1255 NW 135 Street**

**\* Opportunities to log steps with staff members  
to track your progress and reach 1,000,000 steps**

**MARK YOUR CALENDAR  
EVERY 3<sup>rd</sup> SATURDAY  
OF THE MONTH  
FOR THE  
WALK THIS WAY  
FAMILY FUN DAY!**

**Fun Zones . Face Painting  
Health and Educational Vendors**

**Hydration Stations  
On-Site During Walks**

**For more information, contact the Parks and Recreation Office at 305-895-9840.**

The City of North Miami does not discriminate on the basis of disability in the admission or access to, or treatment or employment in its programs or activities.